# ALVA'S

#### ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Affiliated to VTU, Belagavi & Approved by AICTE New Delhi. Recognized by Govt. of Karnataka.

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## A Report on

# PREVENTION OF SEXUAL HARASSMENT COMMITTEE

**Academic Year 2023 - 2024** 



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# PREVENTION OF SEXUAL HARASSMENT (PSH) COMMITTEE REPORT FOR THE ACADEMIC YEAR 2023 – 2024

- The Prevention of Sexual harassment committee is formed as per the direction of IQAC for the academic year 2023 24 to look into the sexual abuse issues in the campus.
- The Chairperson of the committee called a meeting to discuss the duties and responsibilities of the members in order to maintain an abuse free campus.
- As a part of Alva's Aagamana program, Prevention of sexual harassment committee organized a training program on Self-defense techniques by Mr. Karthik Kateel.
- An orientation program was organized to create awareness about the committee in the campus. Ms. Anusha B, Department of Civil Engineering was the resource person for the program.
  - Committee was active throughout the year and made sure that the campus is harassment free and provided safe study place for the students.



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#### SESSION ON SELF DEFENCE

Date: 05.09.2023

Resource persons: Mr. Karhik S Kateel and Mrs. Shobhalatha

Self-defence techniques can vary widely depending on the situation and the type of threat one may encounter. It's important to note that physical self-defence is just one aspect of personal safety, and situational awareness and prevention are also crucial. To enlighten on this subject, the prevention of sexual harassment committee of AIET has organized a session on Self-defence techniques for the first year students, as part of student induction program – Alva's Aagamana – 2023-24, on 5th September, 2023 in the auditorium. Martial Arts Expert Mr. Karthik S Kateel and his mother Mrs. Shobhalatha were the resource persons of the programme.



The session was narrated by the student member Ms. Monika L R, Ms. Priya D B introduced the resource persons to the gathering.

The session started with the simple tricks to safeguard oneself in the situations of abuse in the public places. Mr. Kateel with the help of his mother Mrs. Shobhalatha demonstrated some techniques on how to avoid and escape during the physical



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assault or even in the situations like rape attempts. All the techniques were simple and applicable to all category of people in the society.



Karthik Kateel and Mrs. Shobhalatha's contributions to the Alva's Agamana Program have significantly enhanced the self-defense training component.

At the end of the session the resource person was honoured with the memento as token of appreciation and concluded with vote of thanks by Ms. Santhripti.



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## **Report of Orientation Programme**

Date of Programme: 14.11.2023

Resource Person: Ms Anusha B,

Dept. of Civil Engg., AIET, Moodbidri

An orientation programme on "Sexual Harassment – awareness and prevention" was organized for first year students by the Prevention of Sexual Harassment Committee on 14.11.2023 at 3.30 PM in Seminar Hall, AIET, Mijar. Ms. Anusha B from Department of Civil Engineering, AIET, Moodbidri was invited as resource person for the programme.

Programme started by invoking the blessings of God. Mrs. Sakshi Kamath, member

of the committee welcomed the gathering and Mrs. Nisha Kumari introduced the resource person to the gathering. Dr. Prameela Kolake, Chairperson of Prevention of



Sexual Harassment Committee, in her preliminary speech gave information about the existence and role of Prevention of Sexual Harassment Committee in the college. She assured harassment free and safe campus to the first-year students. Resource person, gave some insight to the students about the different ways of harassment, and how to keep ourself away from such social evil. She also spoke about the harassment cases in the workplace, colleges, public places and precautions must be taken to avoid such situations. The programme was narrated by the student member Ms. Priya D B, and the programme was concluded with the vote of thanks by Mrs. Vidya, a member of the Committee.